

\$0 Preventive Services

It's safer, easier, and more cost-effective to prevent health issues than to treat them. That's why we offer you more than 20 Medicare-covered preventive services at a \$0 copay.* These services include:

- Abdominal aortic aneurysm screening
- Alcohol misuse screening and counseling
- Annual wellness visit
- Bone mass measurement (bone density test)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular screenings (blood tests such as cholesterol, lipids, triglycerides)
- Cervical and vaginal cancer screenings
 - Pap smears and pelvic exams
- Colorectal cancer screenings
 - Barium enema
 - Colonoscopy
 - Fecal occult blood test
 - Flexible sigmoidoscopy
- CT screening for lung cancer
- Depression screening
- Diabetes screening tests
- Diabetes self-management training
- EKG as a result of the Welcome to Medicare visit (IPPE)
- Flu (influenza) vaccine**
- Hepatitis B vaccine
- Hepatitis C virus screening (HCV)
- HIV screening
- Immunizations Part B (other)
- Mammogram (breast cancer screening)
- Medical nutrition therapy services
- Obesity screening and counseling
- Pneumonia (pneumococcal) vaccine
- Prostate cancer screening
- Sexually transmitted infections (STI) screening and counseling
- Tobacco-use cessation (counseling to stop smoking or tobacco use)
- Welcome to Medicare physical exam (initial preventive physical exam)

* A \$0 copay applies when using an in-network provider. To find an in-network provider near you, contact customer service.

** You have the option to go to your doctor or any in-network pharmacy to receive your flu vaccine. Pharmacies will bill us directly; there is no paperwork involved.





Call 1-877-258-7453 (TTY 711)

Call hours: Oct. 1 – Feb. 14, 8 a.m. – 8 p.m., 7 days a week

Feb. 15 – Sept. 30, 8 a.m. – 8 p.m., Monday – Friday

BlueShield of Northeastern New York is a Medicare Advantage plan with a Medicare contract and enrollment depends on contract renewal. A division of HealthNow New York Inc., an independent licensee of the BlueCross BlueShield Association. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premium, and/or copayments/coinsurance may change on January 1 of each year. The pharmacy network and/or provider network may change at any time. You will receive notice when necessary. BlueShield of Northeastern New York complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-258-7453 (TTY 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-258-7453 (TTY 711)。