

# \$0 Copay Preventive Services with Your Plan



**BlueShield**  
of Northeastern New York

## Covered preventive services for adults

- Abdominal aortic aneurysm screening for adults over 50†
- Alcohol misuse screening and counseling
- Anemia screening on a routine basis during pregnancy
- Bacteriuria infection screening for pregnant adults
- Blood pressure screening
- Breast cancer chemoprevention counseling
- Breast cancer screenings†
- Breast-feeding support, supplies, and counseling
- Cervical cancer screening
- Cholesterol screening for adults of certain ages
- Colorectal cancer screening (colonoscopy, sigmoidoscopy, fecal occult exam, polyp biopsy) for adults over 50†
- CT screening (annual) for lung cancer for adults ages 55-80 with history of smoking
- Depression screening
- Diabetes type 2 screening for adults over 19
- Diet counseling
- Genetic testing for BRCA-related cancer
- Gestational diabetes screening
- Hepatitis B screening for high-risk and pregnant members
- Hepatitis C screening
- Human immunodeficiency virus (HIV) screening
- Human papillomavirus (HPV) testing
- Immunization vaccines – doses, recommended ages, and recommended populations vary.\*
  - Hepatitis A
  - Herpes zoster
  - Human papillomavirus
  - Influenza
  - Measles, mumps, rubella
  - Meningococcal
  - Pneumococcal
  - Tetanus, diphtheria, pertussis
  - Varicella
- Interpersonal and domestic violence screening and counseling
- Lactation support, counseling, and rental equipment (pre- and post- natal)
- Obesity screening and counseling (up to 20 visits of behavioral intervention)

- Osteoporosis screening for adults over 60†
- Physical therapy for fall prevention for adults ages 65 and older
- Rh incompatibility screening for all pregnant members
- Sexually transmitted infection (STI) screening and counseling (including chlamydia, gonorrhea, syphilis)
- Tobacco use screening, including expanded counseling for pregnant tobacco users
- Tuberculosis screening for adults 18 and over

## Additional services covered in full

- Prostate-specific antigen screening†
- Routine annual physical†
- Routine eye exam†
- Routine labs ordered as part of a routine annual physical or routine obstetrical/gynecological exam†
- Routine obstetrical/gynecological exam†

(over)



## Covered preventive services for children

- Alcohol and drug use assessments for adolescents
- Autism screening for children at 18 and 24 months
- Behavioral assessments
- Cervical dysplasia screening for sexually active members
- Congenital hypothyroidism screening for newborns
- Developmental screening for children under age 3, and surveillance throughout childhood
- Dyslipidemia screening for children at higher risk of lipid disorders
- Gonorrhea preventive medication for eyes of all newborns
- Hearing screening for all newborns under 1 year old
- Height, weight, and body mass index measurements
- Hematocrit or hemoglobin screening
- Hemoglobinopathies or sickle cell screening for newborns under 1 year old
- Hepatitis B screening for high-risk members
- HIV screening
- Immunization vaccines – doses, recommended ages, and recommended populations vary:\*

  - Diphtheria, tetanus, pertussis
  - Haemophilus influenza type B
  - Hepatitis A
  - Human papillomavirus
  - Inactivated poliovirus
  - Influenza
  - Measles, mumps, rubella
  - Meningococcal
  - Pneumococcal
  - Rotavirus
  - Varicella

- Lead screening for children at risk of exposure
- Medical history for all children throughout development
- Obesity screening and counseling†
- Oral health risk assessment for young children
- Phenylketonuria (PKU) screening for newborns
- Sexually transmitted infection (STI) prevention counseling for adolescents
- Tuberculin testing for children at higher risk of tuberculosis
- Vision screening†

BlueShield of Northeastern New York complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Para obtener asistencia en español, llame al servicio de atención al cliente al número que aparece en su tarjeta de identificación.  
請撥打您 ID 卡上的客服號碼以尋求中文協助。

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## Pharmacy preventive care

- Aspirin use from ages 50-59\*\*
- Bowel prep agents related to colorectal cancer screening
- Contraceptive methods and counseling\*\*
- Fluoride chemoprevention supplements for children 6 months to 5 years old without fluoride in their water source\*\*
- Folic acid supplements for members up to age 63 who may become pregnant\*\*
- Immunization vaccines administered and billed in pharmacy
- Medications to reduce the risk of breast cancer for members ages 35 and older
- Smoking cessation medications
- Statin drugs to prevent cardiovascular disease for adults from ages 40-75\*\*
- Vitamin D supplements for adults over 65

For more details and a complete list of covered preventive services, visit [bsneny.com/preventive](https://bsneny.com/preventive) or call the customer service number listed on the back of your member ID card.

† For members enrolled in a commercial, direct pay, Healthy NY, New York State of Health, or ASO plan, please be aware that some of these services may have a copay, annual limits, or may only be covered in certain age ranges.

\* Some immunization may be administered at the pharmacy. Consult your doctor and/or pharmacist for availability.

\*\*Prescription required.



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